

Neurokinetic Therapy An Innovative Approach To Manual Muscle Testing

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Neurokinetic Therapy An Innovative Approach

Neurokinetic Therapy is an interesting introduction to muscle testing that gives agonist, antagonist, and synergistic muscle groups in an easy to understand format. It allows a neophyte to this form of analysis a clearer insight into how to gain a greater perspective about the musculoskeletal problems with which patients can present.

NeuroKinetic Therapy: An Innovative Approach to Manual ...

NeuroKinetic Therapy ® corrective movement system addresses the cause of pain – dysfunctional movement patterns stored in the brain. Discover why NKT ® system is the missing link in your treatment protocol.

NeuroKinetic Therapy - The Missing Link

“NeuroKinetic Therapy is an invaluable tool that will greatly enhance a personal trainer’s repertoire and level of expertise. Clients often come to trainers with old injuries that have subsequently created compensatory patterns or muscular imbalances.

NeuroKinetic Therapy: An Innovative Approach to Manual ...

NeuroKinetic Therapy ® corrective movement system is a sophisticated bodywork modality that can be used as both an assessment and rehabilitative technique for low back pain, neck pain, carpal tunnel, and other injuries. David Weinstock, author of Neurokinetic Therapy, an Innovative Approach to Manual Muscle Testing, co-developed this technique in the mid-1980s, and has used it to treat a variety of disorders that are featured on this website.

Overview - NeuroKinetic Therapy

NeuroKinetic Therapy™ is a powerful healing methodology that can be used both as an assessment tool and as a rehabilitative technique. It gets to the root of chronic and acute muscular tightness and pain, relieving it through working with the motor control center (MCC) of the brain itself in the cerebellum.

NeuroKinetic Therapy™ (NKT) - Mindful Bodywork

NeuroKinetic Therapy ® corrective movement system is based on the premise that when an injury has occurred, certain muscles shut down or become inhibited, forcing other muscles to become overworked. By applying light pressure that the client then resists, the practitioner can evaluate the strength or weakness of each muscle, revealing the sources of injury and retraining the client’s body to remove the compensation patterns.

The Book - NeuroKinetic Therapy

NeuroKinetic Therapy® corrective movement system, is a sophisticated assessment and treatment modality that addresses the causes of dysfunctional movement/coordination problems at their root in the motor control center in the cerebellum. The motor control center stores these patterns and directs their completion through the spinal cord and the muscles.

About NKT® Seminars - NeuroKinetic Therapy

NeuroKinetic Therapy is a sophisticated form of manual therapy that combines motor control theory and manual muscle testing. The science of motor control theory states that the motor control center in the cerebellum stores all the coordination patterns of the body.

What is NeuroKinetic Therapy? - NeuroKinetic Therapy

David Weinstock's book "NeuroKinetic Therapy ®: An Innovative Approach to Manual Muscle Testing" is highly rated and available at Amazon. Buy the Book » Get Hands on Practice. NeuroKinetic Therapy ...

Certified Practitioners - NeuroKinetic Therapy

David’s book, “NeuroKinetic Therapy, an Innovative Approach to Manual Muscle Testing,” was published in 2010. Since then it has been translated into Japanese and Korean, and is now in its second edition.

David Weinstock - NeuroKinetic Therapy

Neurokinetic Therapy is an interesting introduction to muscle testing that gives agonist, antagonist, and synergistic muscle groups in an easy to understand format. It allows a neophyte to this form of analysis a clearer insight into how to gain a greater perspective about the musculoskeletal problems with which patients can present.

Amazon.com: Customer reviews: NeuroKinetic Therapy: An ...

Weinstock wrote his book Neurokinetic Therapy, an Innovative Approach to Manual Muscle Testing to explain in more detail how to perform manual muscle testing, positioning and techniques. He also developed a certification program to train other NKT practitioners.

Neurokinetic Therapy Benefits for Injuries & Chronic Pain ...

NeuroKinetic Therapy is based on the premise that when an injury has occurred, certain muscles shut down or become inhibited, forcing other muscles to become overworked. This compensation pattern can create pain or tightness.

NeuroKinetic Therapy: An Innovative Approach to Manual ...

NeuroKinetic Therapy (NKT) uses a combination of manual muscle testing, releases, and muscle activation to determine dysfunctional pairings located throughout various tissues in the body and restore balance between them. NKT: An Innovative Approach

LA Sports Acupuncture | NeuroKinetic Therapy

NKT identifies muscle imbalances by using a system of precise muscle tests to determine what muscles are inactive and which muscles compensate for them. This innovative approach allows the therapist to locate and treat the source of the pain rather than treating the symptoms with a full body massage.

Neurokinetic Therapy - Lasting Relief For Chronic Pain

David Weinstock, founder of NeuroKinetic Therapy Seminars, graduated from Johns Hopkins University in 1973, as a pre-med student. David’s book “NeuroKinetic Therapy, an Innovative Approach to Manual Muscle Testing, was published by North Atlantic Books and Random House in 2010. It is now translated into many foreign languages.

NKT® Manual Muscle Testing - NeuroKinetic Therapy Courses

Dr. Brown uses Neurokinetic Therapy in the best possible manner to determine the actual cause of the discomfort that you are feeling and offer a perfect exercise to have relief from the discomfort. It is one of the various means that we offer to have holistic healthcare. Neurokinetic Therapy- An Innovative Way to Be Cured

Neurokinetic Therapy & Therapist Brooklyn, NYC

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Bei dieser therapieform sitzen sich therapeut und patient...

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